

Chiropractic Care is a Great Investment in your Health



Do you worry about the cost of your healthcare?

Research shows that chiropractic care is a great option to help you feel your best without breaking the bank.^{1,2}



The cost effectiveness of chiropractic care

Cost can be a big factor when we make decisions about our healthcare. Researchers have been looking at what the most cost-effective healthcare options are for people with back and neck pain. Keep reading to find out what the research says.

Chiropractic care can save you money and help you to get back to work faster



For patients with neck or back pain, chiropractic care is a very cost effective option and costs less in the long term than medical care or physical therapy.^{1 3}

What does the research show?

Researchers reviewed 9 years of claims data from an insurance scheme in North Carolina that included about 660,000 people and over 6 million back and neck pain claims.^{1 2}

They took into account things like the patients age, gender and health history, and then looked at how much each claim cost based on whether the care provider was a medical doctor, physical therapist or a chiropractor. They also looked at the cost of the claim if all they did was offer the patients advice, hoping that they'd just get better by themselves and not need any healthcare.

What they found in these studies was that

the claims for the patients who were seen by a chiropractor cost significantly less than the patients managed by another healthcare provider. In fact, by the final year of this 9 year study the cost of a claim was from 2 to 5 times more expensive when a chiropractor was not one of the care providers.

And the claims managed by a chiropractor cost even less than the claims for patients who were given advice alone, because it would appear that those people ended up taking more time off work than the people who saw a chiropractor.

Disclaimer and References

This information is provided for educational purposes only. It is not intended to be professional advice of any kind. Haavik Research Ltd encourages you to make your own health care decisions based on your own research and in partnership with a qualified health care professional.

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